

Community Healing

[Home \(https://healingfoundation.org.au\)](https://healingfoundation.org.au) > **Community Healing**

For Aboriginal and Torres Strait Islander people, healing is a holistic process, which addresses mental, physical, emotional and spiritual needs and involves connections to culture, family and land.

Healing works best when solutions are culturally strong, developed and driven at the local level, and led by Aboriginal and Torres Strait Islander people.



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Men's
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For the Healing Foundation, community healing involves supporting local Aboriginal and Torres Strait Islander organisations and individuals to design and deliver healing programs that meet the needs of their communities.

This includes:

- providing education and training to build the capacity of workers and communities to respond to trauma
- identifying the healing needs and priorities of different communities through healing forums.
- developing a business case for and supporting the establishment of healing centres around Australia
- recognising the importance of running separate men's healing and women's healing programs.

In December 2014, the Healing Foundation provided the first ever opportunity for Aboriginal men from the Darwin Town Communities to come together and discuss how harmony and balance could be restored in their communities. With the ongoing support of the Healing Foundation and our project partner, the Darwin Aboriginal and Islander Women's Shelter Indigenous Men's Service, the men have since formed a leadership group to advocate for the town communities and develop an employment strategy for the communities, among other initiatives. You can find out more about our men's programs [here](https://healingfoundation.org.au/community-healing/mens-healing/) (<https://healingfoundation.org.au/community-healing/mens-healing/>).

Masig Healing Forum Report

The Masig Healing Forum was established through a partnership between the Healing Foundation and Mura Kosker, the peak women's organisation in the Torres Strait. It outlines key findings from the Masig Healing Forum that took place on 31 July 2018. There, 43 people representing community and agencies came together to talk about healing needs and solutions.



Our Animation

The Story of the Healing Foundation



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The Healing Foundation is a national Aboriginal and Torres Strait Islander organisation that partners with communities to address the ongoing trauma caused by actions like the forced removal of children from their families. Our work helps people create a different future.

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[INTERGENERATIONAL TRAUMA \(/INTERGENERATIONAL-TRAUMA/\)](#)

[Royal Commission \(/stolen-generations/royal-commission-specialist-support-project/\)](#)

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[COMMUNITY HEALING \(/COMMUNITY-HEALING/\)](/COMMUNITY-HEALING/)

[Community self-care resources \(/community-self-care-resources/\)](/community-self-care-resources/)

[Men's Healing \(/community-healing/mens-healing/\)](/community-healing/mens-healing/)

[Women's Healing \(/community-healing/womens-healing/\)](/community-healing/womens-healing/)

[Healing Centres \(/community-healing/healing-centres/\)](/community-healing/healing-centres/)

[Healing Strategies \(/community-healing/healing-strategies/\)](/community-healing/healing-strategies/)



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